

Gail Y. Wilson (Kakishita), M.S., LMFT

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832-585-3561



*SUMMARY: Experienced marriage family therapist with extensive training in child, adolescent, and play based therapy. Highly professional, dedicated to providing quality care to clients, the organizations in which I am involved, and the field of psychotherapy with the intention of promoting individual resiliency, relational fulfillment, and community connectedness.*

**LICENSE:** Marriage Family Therapist

- Texas: 203302
- California: 53548

## SPECIALTIES & EXPERTISE

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- Educationally-related behavior disorders including 10 years of work in public and special education
- Trauma - Trouble
- Creative and expressive interventions for all ages
- Social-emotional play group therapy
- Military families (Tricare provider)
- Mindfulness in education (2017 California Association of the Gifted Presenter: The Gift of Mindfulness).

## CONTINUING EDUCATION (past 5 years)

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### 2018

- Introduction to Synergistic Play Therapy, Lisa Dion, LPCC-S, RPT-S- ongoing (24 units)
- Advanced Adlerian Play Therapy, Dr. Terry Kottman (6 units)
- Family Therapy in High Conflict Divorce, APT Annual Conference (3 units)
- Building Resiliency in Military Families, APT Annual Conference (2 units)
- Neurobiologically informed interventions for bullying, Dr. Franc Hudspeth (6 units)

### 2017

- Fundamentals of Mindfulness, Mindful Schools Institute (24 units)
- When the Body Keeps Score; going beyond talk, Bessel Van der Kolk, M.D. (6 units)
- Working with Traumatized Adolescents, Martha Straus, Ph.D. (3 units)

- Challenges of Transgender Youth, Margaret Nichols, Ph.D. (3 units)
- Death and Aggression in the Play Room: A neurobiological approach, Lisa Dion, LPC, RPT-S (6 units)
- Play Therapy Through a Jungian Lens, Maxine Bowden, LMFT, RPT-S (3 units)
- Art Therapy in Play: Experiential avenues for healing the brain, Judith Stern, LMFT (3 units)

## 2016

- Neurobiology in Play & Attachment in the Treatment of Children with Trauma, Ken Schwartzenberger, LCSW (6 units)
- Not Just Child's Play: Using Play with Teens, Holly Willard, LCSW, RPT-S (6 units)
- Culturally Responsive Play for Bereaved Children, Victoria Keyser, MSW, PsyD (3 units)
- Mindful Play Therapy: Learning to Pay Attention, Susan Reedy, MFT (3 units)

## 2015

- 50 Practical Mindfulness Interventions for Children & Teens, Christopher Willard, PsyD (6 units)

## 2014

- Nonverbal Play: Effectively Diagnose and Assess through Play Therapy, Christine Dargon, Ph.D. (6 units)
- Theory of Mind: Going to the Heart of Autism Disorder and Social Communication Disorder, Lee A. Robinson, M.S., CCC-SLP (6 Units)
- Dialectical Behavior Therapy Skills Training for Children and Adolescents: Rescuing the Dysregulated Child, Eboni Webb, PsyD (6 units)
- Executive Dysfunction: Strategies for Home & School, Kevin Blake, PhD (6 units)

## PRIVATE PRACTICE

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Gail Wilson, LMFT, A Prof. Corporation (incorporated 2016)

December 2013 to present

Client-centered psychotherapy to clients ages 3 through senior adults.

## PUBLIC EMPLOYMENT

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Livermore Valley Joint Unified School District, Behavior Intervention Specialist

Kindergarten through Post High School Transition students, August 2007 to June 2017

Assess functional behaviors of students and implement interventions and strategies to support the academic, social, behavioral and emotional progress of students and classrooms.